

## UMC Board of Managers Members Joy Martinez and Miguel Fernandez Depart After Six Years Of Service And Dedication

After joining the UMC Board of Managers in 2015, Joy Martinez and Miguel Fernandez will be stepping down after 6 years of service and dedication to the El Paso County Hospital District. Each Board Member brought vast experience and special talents that helped UMC continue to grow and improve their outreach into the El Paso community. This has included the addition of two outpatient clinics, two mobile health units, two satellite emergency departments, and multiple technological advances that have helped patient outcomes.



From left to right: Miguel Fernandez, Henry Gallardo, R. Jacob Cintron, and Joy Martinez

“It will be difficult to see both of them go,” said R. Jacob Cintron, President & CEO of UMC. “In the years to come, their names should be included alongside all of those who helped our community heal while bringing more and better healthcare to a city in so much need for it.”

Thank you to both Joy and Miguel for their endless support, dedication, and professionalism to University Medical Center of El Paso and our mission and vision as El Paso’s best hospital!

# UMC Foundation Receives Generous Donation From Local El Paso Albertsons To Support Hospital Patients, Programs



President & CEO R. Jacob Cintron and Estela Casas Executive Director of UMC & EPCH Foundations pose with Ozzie Carrillo, Manager of the new Albertsons patients dealing with symptoms of COVID-19 and other diseases.”

This past week University Medical Center Foundation received a \$110,000 donation from the local El Paso Albertsons Foundation. After the opening of the now, largest Albertsons in El Paso, more than \$200,000 was donated to various El Paso organizations and schools with the majority of it going to UMC’s Foundation.

“We thank Nancy Keane of Albertsons for her generosity and for believing in the mission of University Medical Center,” said Estela Casas, Executive Director of University Medical Center Foundation and El Paso Children’s Hospital Foundation. “This strong partnership benefits our patients, our hospital, and all of the people of El Paso and the funds will be used immediately to benefit

## CARES Ambassadors Graduate From Spring Class

University Medical Center of El Paso had 21 Associates who graduated from the spring class of our UMC CARES Ambassadors program. These Associates have dedicated the last three months to the CARES from the Heart training and have shown their commitment to high quality care by embodying our C.A.R.E.S. Values and Standards of Performance. These Associates were chosen to be part of an initiative to increase patient satisfaction throughout the hospital. Congratulations to these CARES Ambassadors!

- Ana G. Aguirre *Risk Management*
- Mindy Aparicio *Engineering*
- Roy E. Atchison *Nursing Informatics*
- Linda Berry *EVS*
- Valeria Chavez *Administration*
- Sandra Cruz *Food Services*
- Abigail Elias *Fiscal Services*

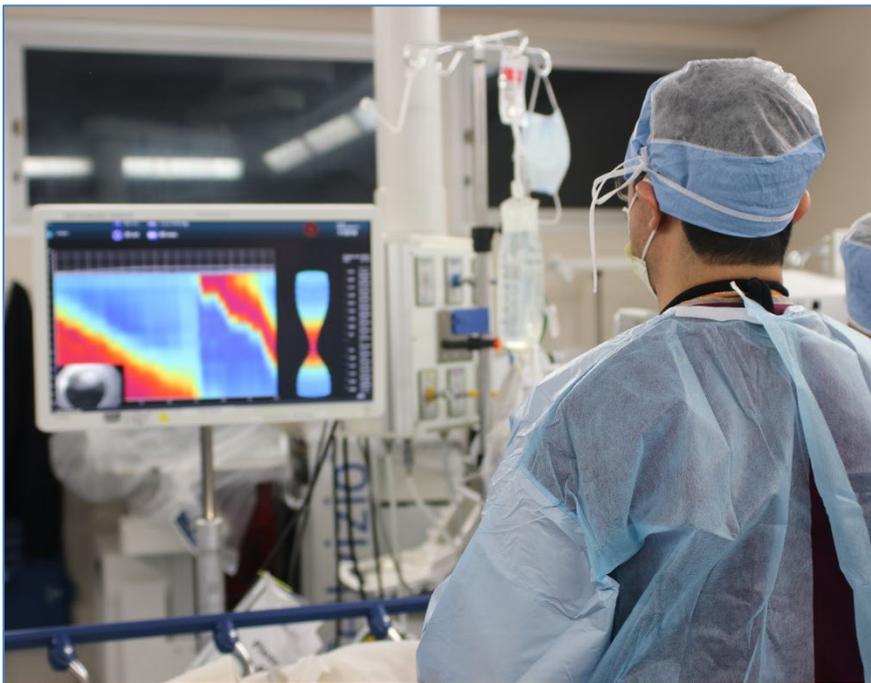
- Laura Garcia *NHC East*
- Guzman Luis Guzman *NHC CMA Float Pool*
- Estrellita M. Hernandez *Wound Management*
- Fabiola Lonngi *Imaging Far East*
- Valerie Lopez-Llanes *Nursing Informatics*
- Ruben Lucero *Interpreters Program*
- Veronica Lucero-Drennan *UMC Community Events*

Yvonne Martinez *Respiratory*  
Anthony J. Mather *Information Systems*  
Kathleen McAlarney *Medical Staff Office*  
David Kyle Monticone *Administration*

Graciela Padilla *Human Resources*  
Ana E. Simmons *Cardiac Cath*  
Ricardo Suarez *Business Development*

## UMC Digestive Health Center Performs First Advanced Procedure Reducing Patients Reoccurring Visits

El Paso now has a new endoscopic procedure that allows patients to stay local and not have to travel out of town. This cutting-edge endoscopy procedure is comparable, and in some aspects superior, to a similar procedure taking place at other major endoscopy referral centers nationwide.



**Dr. Antonio Mendoza-Ladd Participates During the Surgery**

The procedures are called an E-POEM and G-POEM and are of endoscopic therapy. They fall under the umbrella of “third space endoscopy” which encompasses POEM, ESD, and other submucosal interventions. POEM (Peroral Endoscopic Myotomy) is an endoscopic procedure used to treat swallowing disorders, most commonly for Achalasia

These procedures are considered “endoscopic microsurgeries”, save patients from more invasive procedures, and are a variant of POEM called Z-POEM, which is for the management of Zenker’s diverticulum.

A Zenker's diverticulum is an outpouching that occurs at the junction of the lower part of the throat and the upper portion of the esophagus. The pouch forms because the muscle that divides the throat from the esophagus, the cricopharyngeal (CP) muscle, fails to relax during swallowing.

*To schedule an appointment with UMC’s Digestive Health Center please call (915)521-7843*

## UMC Provides First-Ever Post-COVID Rehab Program

Beating COVID-19 might seem like the ending for some patients, but for others, the long-term lingering side effects can have devastating symptoms for months after being diagnosed. One of the long-term

side effects that patients have, specifically the patients that have been hospitalized, is the dependency for oxygen.



A UMC Rehab Associate works with a Post-COVID Rehab Patient

“While our patients are here at the hospital, we are providing oxygen to them as they are going through their Rehab program,” said Jesus Delgado, Rehab Supervisor and Developer of the Post-COVID Rehab Program. “However, when they leave they might not have the financial support to have agencies bring oxygen to them which is why our Rehab program was created to help patients recover their lung/oxygen capacity.”

To schedule an appointment, patients can call (915)521-2255 or email [Jesus.delgado@umcelpaso.org](mailto:Jesus.delgado@umcelpaso.org)

## Estela Casas To Depart UMC From Role At Foundations

Estela Casas will be stepping down as Executive Director of the University Medical Center and El Paso Children’s Hospital Foundations. Tasked with many challenges in her first year related to the COVID-19 pandemic, Estela raised money for COVID-19 patients and their families, while also coordinating donations related to medical equipment for the hospital. In addition, the Estela Casas Infusion Center for Hope and Healing will continue to help patients that are needing assistance during and after chemotherapy sessions.

“We appreciate everything Estela has done for our foundations and hospital,” said R. Jacob Cintron President & CEO of UMC. “We know this won’t be the last of her support to our hospital as her career continues and we look forward to the continued growth of our Estela Casas Infusion Center.”



Estela Casas, Executive Director of UMC & EPCH Foundations