

# Need Breastfeeding Help?

If you have any questions about breastfeeding before you have your baby or need help after your baby is born, please call any of the numbers listed below.



**Childbirth and Lactation Classes**  
For class schedule or to register call  
915-521-7152

**In-Hospital Lactation Support**  
Mother Baby Unit: 915-521-7835  
Lactation Services: 915-996-4240

**Women's Health Centers**  
Call to schedule an appointment  
915-790-5700

## SUPPORT IN EL PASO

### University Medical Center East Clinic

*Call for information.*  
1521 Joe Battle Blvd.  
915-521-2220 or  
915-521-7152  
childbirth@umcelpaso.org

### The Hospitals of Providence Breastfeeding Support Group

*Call for information.*  
3280 Joe Battle Blvd.  
3rd Floor, Multipurpose Room  
Group is staffed with IBCLCs  
Contact: Amy Hernandez or  
Beth Lockey at 915-832-2673

### The Breastfeeding Garden

*Call for information.*  
901 Arizona St.  
915-257-8844  
breastfeeding.garden@gmail.com  
Lizabeth Berkeley, MPH, IBCLC, RLC  
Facebook @BreastfeedingGarden

### Del Sol Baby Café - El Paso

*Call for information.*  
Del Sol Women & Teens Center  
2200 Lee Trevino, Suite B-2A  
915-263-5487  
veronica.munoz@hcahealthcare.com  
Veronica Muñoz, RNC, BSN, IBCLC

### New Parent Support Play Group

915-569-4227, Option 0  
Fort Bliss

### Las Palmas Baby Café - West

*Call for information.*  
1700 N. Oregon, 3rd Floor  
Women's Center  
915-208-3270

## SUPPORT IN MEXICO

### NaSer

Calle Centeno #7707 col. El Granjero  
Ciudad Juárez, Chihuahua  
Breastfeeding counseling with  
appointment.  
Dr. Karla Del Bosque: 656-856-9915  
Midwife Marisol Arreola: 656-196-6080

### Hospital Regional de Delicias ICHISAL

Ave. Rio Conchos pte 500  
Delicias, Chihuahua, 3300  
02-11-52-639-47008300  
Llamar para el horario.

# Need Breastfeeding Help?

Breastfeeding can be challenging at first. Hang in there. Your efforts will result in a healthier child and a healthier you.



**UNIVERSITY  
MEDICAL CENTER  
OF EL PASO**  
umcelpaso.org

## WIC PROGRAMS (WIC Participants ONLY)

### BREASTFEEDING HELP IN EL PASO

#### **City of El Paso Dept. of Public Health - WIC Program**

Customer Service Center: 915-212-4942

WIC After Hour Breastfeeding Support Line:

915-588-2308

•Mon. - Sat., 5:00 p.m. - 10:00 p.m.

#### **Centro de Salud La Fe WIC**

823 East Yandell Street                      915-577-4111  
El Paso, TX 79902

700 S. Ochoa                                      915-545-4550  
El Paso, TX 79901

### BREASTFEEDING HELP IN NEW MEXICO

#### **Anthony WIC Program**

865 N. Main  
Anthony, NM 88021  
575-882-5858

#### **Sunland Park WIC Program**

3807 McNutt Rd.  
Sunland Park, NM 88063

#### **Chaparral WIC Program**

317 McCombs Rd.  
Chaparral, NM 88081  
575-824-4585

#### **Las Cruces WIC Program**

1170 N. Solano Dr.  
Las Cruces, NM 88001  
575-528-5047