



UNIVERSITY  
MEDICAL CENTER  
OF EL PASO

# THE PULSE

NEWS & UPDATES  
FROM UMC

Tuesday, Sept. 5, 2017



## It's A Splash At UMC!

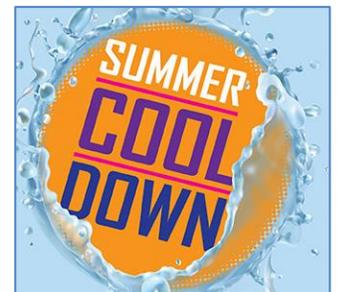
### Summer Cool Down Celebrates Season's End With Fun

They arrived wearing Hawaiian shirts, Hawaiian leis, jeans, hats, and smiles. When they left UMC's 2017 Summer Cool Down, some of them were filled with watermelon and soaked from water balloons or the dunk tank, but just about everyone left exhausted and smiling. As the temperature climbed into the 90s, UMC Associates made their way out to the event Friday afternoon (Sept. 1) and were immediately greeted with a surprise entrant in

the list of dunkees: Jacob Cintron, UMC President & CEO. He volunteered to take the first plunge into the cool clear water of the tank. Try as they might,



The first water balloon toss event started close. With each successful catch, contestants moved farther and farther apart until all that remained were broken balloons, wet contestants and one winning team.



the first few Associates aimed at the dunk tank's bullseye but just kept missing.

It seemed, however briefly, that Jacob would leave the tank as dry as he arrived.

Then, almost like a dusty Major League pitcher in the bottom of the ninth inning, Charles "The Wild Thing" Trimbath steps up. Some of you may know him as our mild-mannered manager of network





Charles Trimbath tries his best to get down another bite during the watermelon eating contest.

communications, but on this day, he was a man on a mission. He coolly took aim and threw, hitting the bullseye – and Jacob plunged into the water, getting soaked and kicking off the day’s events.

From watermelon eating to water balloon tossing to pie (whip cream) in the face contest, Associates devoured the fun and the afternoon with each other in the heat of the day. The toll: hundreds of water balloons were broken, dozens of watermelons eaten and many mounds of whipped cream splashed on faces.

“This was exactly what we hoped for,” said Gloria Vasquez, who heads UMC’s

*Fun-gineers*, a group of UMC Associates focused on programs that recognize and reward Associates while improving our organization’s morale. “I know it was really hot for many people but I think the fun, celebration and events made it all a great way to end the summer right before Labor Day.”

If you want to see more pictures and information about our Summer Cool Down event, [check us out on Facebook](#).

Also, remember to “follow” our page for the latest, daily UMC news and information.



Isabel Contreras, from UMC's Rehabilitation and Wound Care, smiles at the start of the pie-in-the-face challenge.



Watermelon Eating Contest participants listen to the crowd count down the start of the contest. The winner of this particular round was Joe Garcia (second from left) who wasted no time or watermelon to get the victory!



UMC Associates cool off with cool refreshments under the tent at UMC's 2017 Summer Cool Down



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Schedulers are available from 7:30 a.m. to 8 p.m., Monday - Saturday  
Medicare, Medicaid, CHIP and most insurance plans accepted. Financial assistance also available.

With locations across El Paso County, you and your family have access to affordable, quality healthcare closer to home at UMC's Outpatient Clinics.



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**1521 Joe Battle Blvd. at Vista Del Sol**  
Internal Medicine, Family Medicine, Pediatrics,  
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**OPEN LATE & SATURDAY**

**Mon. – Sat.: 7:30 a.m. – 8 p.m.**



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**OPEN LATE & SATURDAY**

**Mon. – Sat.: 7:30 a.m. – 8 p.m.**



**UMC – Crossroads**

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**OPEN LATE & SATURDAY**

**Mon. – Sat.: 7:30 a.m. – 8 p.m.**



**UMC – Ysleta**

**300 S. Zaragoza**  
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**OPEN LATE & SATURDAY**

**Mon. – Sat.: 7:30 a.m. – 8 p.m.**



**UMC – Fabens**

**101 Potasio, Fabens TX**  
Internal Medicine, Family Medicine, Pediatrics,  
Women's Services, Pharmacy and Laboratory

**OPEN LATE**

**Mon. – Fri.: 7:30 a.m. – 8 p.m.**



Looking for Volunteers to...

# Paint It Forward!



We've partnered with Project Bravo to help low-income families in our community paint their homes.

**We need 3 teams of 15-20 people.**

All skill levels and departments are welcome.

Painting event will be Saturday, Sep. 16

Is your department/team ready to help?

Contact: **Monica Gamboa - [EGamboa@umcelpaso.org](mailto:EGamboa@umcelpaso.org)**  
or call **Monica at 479-0975.**



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## **About The Pulse**

*The Pulse newsletter, is a product of the UMC Public Affairs office and features news briefs and updates from around our campus. It is distributed to our El Paso community. If you have an item that you would like to have considered for The Pulse, email it to [Ryan Mielke, UMC Director of Public Affairs](#).*