



Abigail Tarango Joins EPCHD To Lead Two Foundations

The El Paso County Hospital District (District) on Monday, Oct. 25 announced Dr. Abigail Tarango, former executive with the Ysleta Independent School District (YISD), is joining the District to lead the University Medical Center Foundation and the El Paso Children's Hospital Foundation. As the new Executive Director, Abigail now heads a multimillion-dollar foundation that funds programs and healthcare that greatly benefit the people of El Paso. UMC Foundation donors have the power to improve patient experience, impact physician recruitment and advance medical care.

Abigail worked with the YISD as the Director of Special Projects and Strategic Initiatives and was a member of the Executive Cabinet. Abigail is an exceptionally skilled and experienced researcher and has brought her years of leadership and community engagement to the District for the benefit of both hospitals.

"I am extremely happy that we were able to find such a qualified, enthusiastic and purposeful leader as Abigail to lead our two major foundations," said R. Jacob Cintron, President & CEO. "Her role has a great responsibility to the patients and teams at both of the District's hospitals. I know this is a role that she is well-suited for and I am looking forward to her future achievements for the betterment of our patients, Associates and community."

Abigail has a Doctor of Philosophy, Educational Leadership & Administration, from New Mexico State University; a Master of Science in Family & Consumer Science Education, from NMSU; and a Bachelor of Science in Family & Consumer Science, also from NMSU.



Dr. Abigail Tarango, Executive Director of University Medical Center Foundation and the El Paso Children's Hospital Foundation.

Dr. Frederic Lax Retires After 40 Years As Neurosurgeon

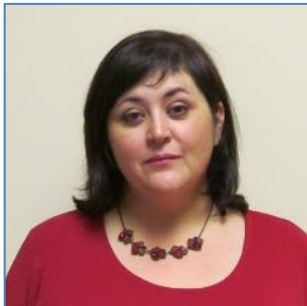
More than 100 UMC Associates, friends and family gathered Oct. 22 in the UMC Board Room to wish Dr. Frederic Lax a well-deserved retirement after 40 years of dedicated service as a neurosurgeon. Following completion of his neurosurgery residency in 1981, Dr. Lax embarked on his career as a neurosurgeon in El Paso, where he worked in private practice and academic medicine. He returned to



The borderland has long benefitted from Dr. Lax's care.

his roots in 2012, joining UMC where he would complete his career. Dr. Lax was instrumental in growing UMC's Neurosurgery Department from one to a team of six neurosurgeons. The entire campus has benefitted from Dr. Lax's leadership and passion for teaching where he has served as a mentor to medical students and residents. He devoted his professional life to public service in medicine and his patients, and he made their lives better *through his compassionate care. It is difficult, if not impossible, to sum up his achievements over the 40 years of dedicated service. You will be missed, Dr. Lax!*

Congratulations To Our New UMC CARES Ambassadors



Ann French
Imaging Administration



Aaron Montes
Correctional Health



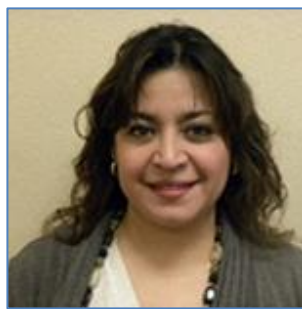
Armida Arredondo
Administration



Cherry Cativo
Imaging Administration



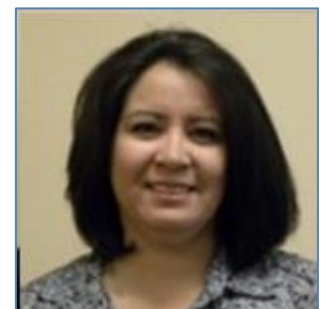
David Coronado Jacobo
HIM



Lorena Natividad
Pharmacy 340 B



Monique Legarreta
Rehab Inpatient



Sylvia De La Rosa
Administration

UMC congratulates eight UMC Associates who have graduated from the UMC CARES Ambassadors program. The Associates were part of the summer class and dedicated three months to the CARES from the Heart training. They have shown their commitment to high quality care by embodying UMC's C.A.R.E.S. Values and Standards of Performance. These Associates were chosen to be part of an initiative to increase patient satisfaction and Associate engagement throughout the hospital.

UMC Psychologist Holds Growth and Wellness Seminar



As UMC's in-house psychologist, Sofia Reynoso-Crow urges Associates to email her at sofia.reynoso-crow@umcelpaso.org.

Make plans to attend the Mental Health Mini Series, "Associate Growth & Resilience" with Sofia Reynoso-Crow, Ph.D., UMC Administrative Director of Resiliency and Growth on Thursday, Nov. 4 and Tuesday, Nov. 16 from noon to 1 pm.

Participation in the webinar qualifies for a Wellness Challenge Lunch & Learn sticker. Everyone in the El Paso County Hospital District (District) is invited to attend.

Register for Associate Growth & Wellness at:

<https://attendee.gotowebinar.com/register/5022510159953409291>.

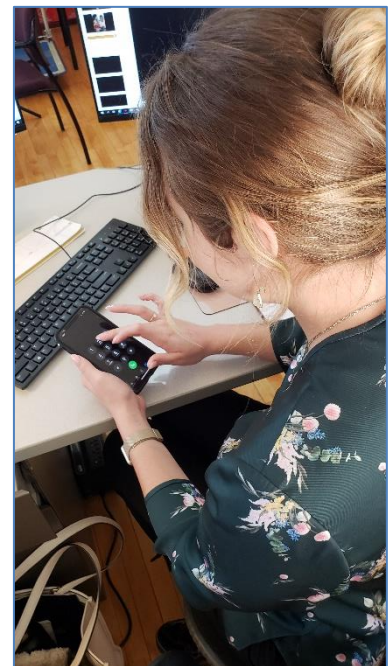
Once you are registered, you will receive a confirmation email containing information about joining the webinar.

Reminder: Local Calls In El Paso Will Require 10 Digits

As of Oct. 25, phone users across portions of Texas and all of New Mexico must include area codes when dialing to make all calls, including local calls that previously only required seven digits.

The requirement for 10-digit dialing is taking hold in numerous states, affecting 82 area codes across the nation, and including the area codes for El Paso and Las Cruces, according to the Northern American Numbering Plan Administrator (NANPA).

It is to comply with a 2020 decision by the Federal Communications Commission to establish 988 as the three-digit number for the National Suicide Prevention Lifeline, starting in 2022. Some numbers in the 915 area code have a 988 prefix, so the change to a 10-digit dial is necessary to stop any calls by mistake to the lifeline.



Andrea Alcantar, Marketing Specialist, UMC Public Affairs, remembers to use all 10-digits to make a call now.

IT'S TIME FOR THE ANNUAL R&R COSTUME CONTEST -VIRTUALLY...

Prizes will be awarded for best costume in the following categories:

- Most Original Costume
- Best Pet Costume
- Best Family Themed Costume
- Best Individual Costume
- Best Co-worker/Group Costume

Costume Guidelines:

- No full face masks
- No scary face painting or costumes
- No religious, political or violent themed costumes
- Costumes should not hinder work performance (tassels, constricting, revealing/provocative, overly loose, or unsafe)
- Face Mask must be worn at all times and all Covid safety guidelines followed.

Photo submission:

Attach and e-mail your photo to:

Gloria Vasquez: gvasquez@umcelpaso.org or Alison Kennedy: akennedy@umcelpaso.org

E-mail must include associate name & ID#, department, and description/name of costume.

Pet photos: include name of pet

Group photos: Limit 5 members - include the name of all participants and the group theme.

Deadline to enter: November 1, 2021; 3:00 pm

Winners to be announced: November 3, 2021

